



Birthday Celebrations at Preschool

We love celebrating birthdays at Risen Christ! Typically, parents (or another special adult) will come in to read a book and share a snack with the class. (If you have something else in mind, please discuss it in advance with your child's teacher.) Any food items must be **store-bought** and **brought in their original packaging**. Your child's teacher will make you aware of any food allergies or restrictions.

Here are some suggestions for birthday snacks:

- fresh fruit or vegetables
- applesauce or fruit cups
- mini bagels
- Goldfish
- animal crackers
- Pirate's Booty
- pretzels
- popcorn (4s only)
- graham crackers
- crackers
- yogurt
- pudding cups
- string cheese
- granola bars
- mini cupcakes*
- cookies*

*If you choose to provide a sweet treat, such as cupcakes or cookies, please offer a smaller portion (i.e., a mini cupcake vs. regular size). We're happy to enjoy these desserts in moderation.

You are not limited to the items mentioned above. However, options for your child's classroom may be different, based on allergies or other restrictions. **Please review your plan with your child's teacher prior to bringing in any snack.**

Thank you!

We look forward to celebrating your child's special day!